

TEST-PERIOD OF THE NEW SCHEDULE AT QPJC 2024/25
Starting September 02, 2024

In order to meet the needs of the club and its members, there will be some changes to the current schedule effective September 2024. **Please note that this will not affect our “core” schedule already in place, which are Tuesdays, Thursdays and Saturdays at the regular times.** It might, however, affect the younger members 5-8yrs who will have the option to attend the session specifically for that age group on Saturdays.

The purpose of these changes is to offer specialized training for different groups, which is difficult when participants with different needs are in the same group.

I expect the new sessions to be thin for a while, but that is the sacrifice we have to make for people to see the value. **This arrangement will continue for at least the next six (6) months until the end of February 2025.** I will continue to monitor and evaluate all sessions as we move ahead.

Starting September 02, 2024
(New/adjusted sessions are in bold text)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					10:00-10:55AM Kids 5-8yrs
					11:00-11:55AM Kids 9-12yrs
5:00-6:00PM Beginners	5:00-5:55PM Kids 5-12yrs	5:00-6:00PM Beginners	5:00-5:55PM Kids 5-12yrs	5:00-6:00PM Kata	12:00-1:00PM Technical
6:00-7:00PM Randori	6:00-7:30PM Teens/Adults	6:00-7:00PM Randori	6:00-7:30PM Teens/Adults		1:00-2:00PM Randori

Beginners

This can be anyone 13yrs and older with less than 3 months judo experience OR for those already with judo experience who wish to train at a less intense pace than the Teen/Adults sessions.

Randori

This is for anyone 13yrs and older with at least three (3) months judo experience, which is a minimum of twenty four (24) contact hours of practice.

Kata

The same requirements as for Randori.

Fee Structure

There will be no adjustment to the current fee structure as a result of these changes.

I thank you for your patient understanding.

Mark Littrean