FOR IMMEDIATE RELEASE

Gabriella is off to the Glasgow Commonwealth Games 2026

Cascade, Trinidad – July 22, 2026 – Former QPJC member Gabriella Wood is on her way to represent T&T at the 23rd Commonwealth Games in Glasgow, Scotland, from July 23rd to August 2nd. She will compete in the Women's over 78kg category.

Gabby has represented T&T at several major international events, including the CAC Games, Pan Am Games, Commonwealth Games, and IJF World Championships. She was also the first female from T&T to qualify in judo for the Olympic Games – Tokyo 2020. The 29-year-old from Santa Cruz has been the only athlete flying the T&T flag on the international judo circuit consistently for the last eight years picking up a couple of titles from the British University and College Sport Championships along the way. She will not have far to go; she has been living and training in Edinburgh, Scotland since 2018.

We at the QPJC wish Gabby all the best at these Games and are confident she will make us proud, as she has always done in the past. We also wish her teammate, Jelanie Boyce of Club Judo Ink, the best of luck as he prepares to compete in the Men's up to 73kg category. Gabby will be accompanied by her coach, Cameron Foster, while Jelanie will be under the stewardship of Reinaldo Novoa.

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Gabby and Cameron had a couple training sessions at the QPJC in June.
From left to right: Callum Baylis, Christopher George, Cameron Foster, Xavier Jones, Gabriella Wood, Mark Littrean, Sebastian Santelis, Cherisse Littrean

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